

Genesee Swift Track Club

PARENT CODE OF CONDUCT

All Parents/Guardians who have children participating with GENESEE SWIFT TRACK CLUB must abide by the following Code of Conduct. Any violation of these rules or any GENESEE SWIFT TRACK CLUB rule will result in immediate expulsion. In addition, you will forfeit your membership for the current season and be subject for review for any other subsequent year.

1. I/We agree to furnish proof of birth of the applicant to GENESEE SWIFT TRACK CLUB (i.e.: Birth Certificate, Passport, or Military ID).
2. I/We agree to not interfere with the coaching staff's ability to coach my child.
3. I/We agree to not smoke on the practice or track field, etc. (i.e.: before, during and after practice, and/or track meets).
4. I/We agree to abstain from possessing or drinking alcoholic beverages and the possession or use of any illegal substance at track meets and/or practice.
5. I/We agree not to deliberately incite "unsportsmanlike" conduct or use "unsportsmanlike" cheers or chants in any fashion at any GENESEE SWIFT TRACK CLUB function.
6. I/We agree not to use abusive or profane language or actions at any time at any GENESEE SWIFT TRACK CLUB function.
7. I/We agree not to criticize, belittle, antagonize, berate, or otherwise incite the opposing teams, its athletes, coaches, fans, officials/judges, and Commissioners by word of mouth or by gesture.
8. I/We agree to accept all decisions of the track meet officials and judges as best of their ability.
9. I/We agree to treat all children and adults with respect while at any GENESEE SWIFT TRACK CLUB function.
10. I/We agree to follow the proper **chain of command** when filing a complaint or voicing opinion regarding any possible rule infraction or concern within the GENESEE SWIFT TRACK CLUB organization. (You may only advance to the next level in the chain of command providing your situation has not been handled within 72 hours from your initial filing and you need further assistance)
11. I/We will refrain from discussing team business outside of track meetings. (No Exceptions)
12. I/We agree not to interfere with or come near the "**Check-in Area**" at track meets, where the check-in is taking place at any track meet.
13. I/We agree to take responsibility for any actions that violate this Code of Conduct by a guest or relative of attending parent/guardian.
14. I/We agree not to bring in air horns, cowbells, or drums into any stadium within any GENESEE SWIFT TRACK CLUB function.
15. Any disrespect from a parent/fan directed towards officials/judges or creating a disturbance, whether in the stands, on the field, or by someone who has been ejected from the meet, practice or event by a GENESEE SWIFT TRACK CLUB official or meet official, will be assessed a penalty immediately by the GENESEE SWIFT TRACK CLUB. The penalty will not require a hearing.
16. I/We agree that if I/we have been ejected or removed from any GENESEE SWIFT TRACK CLUB function, I/we will refrain from attending any practices/games/competitions for the period of the punishment. However, any penalty assessed to any individual may be appealed in writing to GENESEE SWIFT TRACK CLUB within 72 hours from the time the penalty was assessed. The appeal will be handled by the appeals committee in accordance with the GENESEE SWIFT TRACK CLUB.

The Chain of Command will be as follows:

1. The Division Coordinator and/or Team Manager will be the first point of contact. If a complaint is regarding any coach, you may go directly to the Head Coach or President.

I have received, read, understood, and agreed to the Parent Code of Conduct Policy by witness of my signature on the Signature Page.

Genesee Swift Track Club

PARTICIPANT CODE OF CONDUCT

1. I will not act or speak to any coach and/or a member of the staff in a disrespectful manner.
2. I will not use profanity at any track & field event or function, and I will be courteous in word and demeanor to all other team members.
3. I will observe the rules of the sport in spirit as well as in letter.
4. I will report to each practice and athletic competition on time.
5. I will give an honest and sincere effort at each practice, and in competition.
6. I will observe all rules of behavior set forth by AAU and USATF Michigan
7. I will be subject to disciplinary action for conduct detrimental to the team.
8. I understand that I will be held personally accountable for my actions. Furthermore, violation of any of the above standards can result in suspension and/or dismissal from GENESEE SWIFT TRACK CLUB and total forfeiture of all monies paid.

APPEARANCE

All athletes shall arrive for their regularly scheduled track meet in the required GENESEE SWIFT TRACK CLUB uniform and in possession of required spikes or necessary equipment for their event.

I have received, read, understood, and agreed to the Participant Code of Conduct Policy by witness of my signature on the Signature Page.

Genesee Swift Track Club

PHOTO RELEASE FORM

Throughout the track season photographs may be taken of athletes or awards to be displayed on the Genesee Swift Track Club website, marketing materials, and team website. Parents/guardians must sign this personal/photo release form in order for their athlete's photo or name to be displayed on any the mediums to promote, market and display Genesee Swift Track Club

I, the undersigned, hereby authorize Genesee Swift Track Club to display my child's photograph, awards, or video images (hereafter identified as "photograph") on the Club's website, or in promotional publications for the current track year and subsequent years as deemed necessary by Genesee Swift Track Club. I also understand that links to newspaper articles may be included on the website and that these articles may include identifying information and/or photographs, and that any permission granted to those outside entities will also apply to the website. I understand that the website is accessible to anyone who is connected to the internet and that the ownership of these photographs cannot be guaranteed. The copyright will be held by Genesee Swift Track Club, and grants Genesee Swift Track Club all rights to use these photographs in future publications. I also understand that by signing this form, I acknowledge that Genesee Swift Track Club has asked my permission to post the photographs online, I agree to hold harmless Genesee Swift Track Club, its officers, agents, and employees from and against all costs, losses, claims, demands, suits, and actions arising from any use or misuse of these photographs.

I, the undersigned, grant Genesee Swift Track Club the right to publish photographs of my minor athlete, and images may include video productions, hard copy publications, and be placed on the Club's website, and promotional material.

I, the undersigned authorize Genesee Swift Track Club the right to publish photographs of my minor athlete and that these images may be placed on the Club's website, account, or promotional publications.

I, the undersigned, do not authorize Genesee Swift Track Club the right to publish photographs of my minor athlete.

I have received, read, understood, and agree to the Photo Releases Policy by witness of my signature on the Signature Page.

Genesee Swift Track Club

REGISTRATION FORM

Child's Name _____

Date of Birth _____ Age _____ Male Female

Email address _____

Parent # 1/Guardian Name _____

Current Address _____ City _____ Zip _____

Home Phone _____ Cell Phone _____

Parent # 2/Guardian Name _____

Current Address _____ City _____ Zip _____

Home Phone _____ Cell Phone _____

Please note any medical conditions and/or social or behavioral issues of which Genesee Swift Track Club should be aware: Epi Pen, Inhaler, etc.

Office Use Only:

Birth Certificate: _____ Note: A copy of the participant's birth certificate is required for registration purpose.

Genesee Swift Track Club

GENERAL RELEASE AND WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT

Please read carefully. This is a release of legal rights.

Name of Minor Participant _____ Age _____

In consideration of being allowed to participate in any way in Genesee Swift Track Club and/or being permitted to enter for any purpose any restricted area (defined as any area where admittance to the general public is prohibited), I, the parent and/or legal guardians of the minor named above, agree to assume all risk of any kind of injury or damage my child may receive or sustain as a result of participation, including property loss, property damage, personal injury, or death.

By my signature below I acknowledge my understanding of the release and hold harmless and agree and confirm that:

As the parent/guardian, it is my responsibility to instruct the minor participant if he or she believes anything is unsafe, the participant should immediately advise the officials of such conditions and refuse to participate. The above-named minor may, during the program, participate in all the activities at Genesee Swift Track Club, including but not limited to, the following activities: health-related fitness, body awareness, lead-up events, and sports. I grant permission for the above-named minor to receive medical treatment for all injuries and illnesses sustained or experienced during his/her participation in the Genesee Swift Track Club activities, included but not limited to emergency first aid, and emergency transport to a medical facility.

I KNOWINGLY AND FREELY ASSUME ALL RISK, BOTH KNOWN AND UNKNOWN, AND RELEASE, INDEMNIFY, AND HOLD HARMLESS, ON BEHALF OF MYSELF, THE ABOVE-NAMED MINOR, OUR HEIRS, ASSIGNS, AND NEXT OF KIN (COLLECTIVELY, THE "RELEASERS"), GENESEE SWIFT TRACK CLUB, AND THEIR RESPECTIVE AGENTS, EMPLOYEES, REPRESENTATIVES, CONTRACTORS, PREDECESSORS, SUCCESSORS, ASSIGNS, OFFICERS AND AFFILIATES (COLLECTIVELY, THE "RELEASERS'), WITH RESPECT TO ANY AND ALL CLAIMS, CAUSES OF ACTION, INJURY, DISABILITY, DEATH, OR LOSS OR DAMAGE TO PERSON OR PROPERTY RELATED TO THE PRESENCE OR PARTICIPATION OF THE MINOR IN MY CHARGE, WHETHER ARISING FROM THE NEGLIGENCE (INCLUDING GROSS NEGLIGENCE) OF THE RELEASEES OR OTHERWISE. TO THE FULLEST EXTENT PERMITTED BY LAW.

I represent and warrant that I have full right and authority to enter into this agreement on behalf of the Releasers, (including, without limitation, the above-named minor), and no other person is required to enter into this agreement for and on behalf of the Releasers.

Printed _____ Name _____ of _____ Parent/Guardian

Signature of Parent/Guardian _____ Date _____

Emergency Contact Name _____ Phone _____

School _____ Grade _____

Genesee Swift Track Club

SIGNATURE PAGE

PARTICIPANT CODE OF CONDUCT

Participant Signature

Date

PARENT CODE OF CONDUCT

Parent Signature

Date

Participant Signature

Date

PHOTO RELEASE POLICY

Parent Signature

Date

Genesee Swift Track Club



MICHIGAN TRACK & FIELD SUMMER 2021 OUTDOOR CALENDER

Please contact Meet Director to confirm the dates and information.

Saturday, June 5th – MICHIGAN HIGH SCHOOL STATE FINALS GRAND RAPIDS MI

Saturday, June 12th – Str8 Smokin Invite – TBD due to permit availability – Derrick Atlas
derekatlas@aol.com

Saturday – Sunday, June 19th – 20th - AAU District Qualifier – CANCELLED – DUE TO INCREASE IN COVID NUMBERS & PERMIT ISSUES. ALL WILL ADVACE TO REGIONALS.

Saturday, June 19th – EITI DESIGN Invite – TBD due to permit availability – Anthony Jackson
athleticcoachaj@gmail.com

Saturday, June 26th – Blazers Invitational, Ypsilanti Lincoln HS or Concord HS – Dan Davis
dkdmann1@yahoo.com, \$15/athlete

Thursday – Sunday, July 1st – July 4th - AAU Regional Qualifier – TBD – Karen Hall -
khall@vistamaria.org (ONLINE REGISTRATION at www.coacho.com DEADLINE JUNE 26th)
\$25/athlete (Finish in the top 6 in running/relays or field events and top 4 in multi events in order to advance to the JO Games).

Saturday, July 10th– Grand Rapids TC Invitational- Houseman Field – Grand Rapids, MI – Dan Ebright, grtcdebright@yahoo.com, Yamaka Bracey, yamakabracev@comcast.net , Register online at www.coacho.com \$15/athlete

Saturday, July 17th - Motor City Classic Invitational – Oak Park HS or TBD – Tammy Smith & Kelly Sparks motorcitytrackclub@yahoo.com ksparks99@comcast.net \$15/athlete

Saturday, July 24th – Trojan Athletics Invite – Lansing, MI – Octavis Long -
octavis.long@gmail.com \$15/athlete

Saturday- Saturday, July 31st – August 7th – AAU Nationals – Humble, TX – (MUST QUALIFY FROM AREA 12 REGIONAL QUALIFIER) www.aauathletics.org \$51.00/athlete

Genesee Swift Track Club

PRACTICE SITES & TIMES

TBD

Genesee Swift Track Club

COACHING STAFF

Track/Coaching Bio

Hello, my name is Carlos Benton my track career started at Flint Central High School. I went on to run at Grambling State University. My coaching career started in 1986. I have coached Cross Country for the past 25 years at Grand Blanc High School, then 11 years of Boys and Girls Track at Flint Central. I am currently coaching Girls Track and Girls Cross Country at Grand Blanc High School. Also, I have coached several summers with the CANUSA.

Genesee Swift Track Club

Track/Coaching Bio

Hello, my name is Jon Moyer. My track career started at Rochester Adams High School running Track and Cross Country. I have 23 years of experience in coaching boys and girls in Track, mostly working with the distance runners. I have 14 years of experience coaching boys and girls in Cross Country, 10 years as a head coach. I have over 30 years of experience with distance running ranging from the 10k to the duathlon, triathlon, and marathon. Currently, I am the assistant girls track coach at Grand Blanc High School with Carlos Benton.

Genesee Swift Track Club

Track/Coaching Bio

My name is Michaela Lewis, I graduated from Southwestern Classical Academy in 2011 where I competed in track and field Junior and Senior year. I held an individual state champion title in 2011 for long jump and 2x 4x100m relay champion (2010 & 2011), 1x 4x200m relay champion (2010) and 4th place finish in the 100m (2011). I was also chosen to run at the 2011 Midwest Meet of Champion where I place 3rd in the 100m and received the Harold Webster Memorial award for CANUSA Track and Field.

After two years of high school track and field I decided to sign my letter of intent with Grand Valley State University. During my college tenure we were 2012 indoor and outdoor National Champion. I became a 3x All American with 6 indoor and Outdoor National meet appearances. 3x time GLAIC 60-meter champion (2013,2014,2015). 1 x GLIAC indoor and outdoor champion in long jump (2013), 2013 GLIAC Indoor triple jump champion and Outdoor runner up, and a host of top 3 finishes at GLIAC.

I have coached ages 15 months-high school seniors in all sports, specializing in track and field. I've coached at the YMCA of Greater Grand Rapids from 2012-2016 coaching track and field, dance, tumbling, soccer, basketball, and floor hockey. I interned for CANUSA in 2013 while coaching summer track at local elementary schools. I am currently the Head Girls Track and Field Coach at Carman Ainsworth and Chair for CANUSA Track and Field. I am excited to be back home to work with the youth in the city, increasing their mental and physical abilities that they will carry throughout life.

Genesee Swift Track Club

Track/Coaching Bio

Hello, my name is Twynette Mixon my track career started in 1985 as a sophomore at Beecher High School. For the three years I ran for the Bucks, I was All Conference, Regional Champion and State Champion. My events included 200M, 400M, 800M, 1600M and three relays (4x100, 4x200, and 4x400). I was recruited to run at Eastern Kentucky University fall of 1987, where I ran for two years, making it to nationals twice before an injury ended my running career.

I returned to Michigan in 1990 and was connected to Carman Ainsworth School district, where I began coaching at the Middle school and was eventually moved to the high school. I have been coaching for over 25 years now and appreciate the opportunity to share my experience with talented athletes.

Genesee Swift Track Club

Track/Coaching Bio

Hello, my name is Terry Walker I ran varsity track for 3 years at Beecher. I started coaching with Marty Crane from 1985-2002. Then I took over the Boys and Girls Track program at Beecher from 2003-2008. I have been the head Girls Track from 2009-present. I have coached 1 year of Cross Country.

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Track/Coaching Bio

Hello, my name is Roy Shavers I ran varsity track for 2 years at Flint Central High School. Shavers went on to become a four-year letter and three-time co-captain in Track and Field at Eastern Michigan University. He ran on Mid-American Conference Championship 4x400 relay teams from 2003-07 and qualified for the NCAA Regional in the event as well as the 200m/400m in 2007. Shavers won four MAC Championships during his time as an athlete in Ypsilanti. He graduated in 2006 with a degree in bachelor's degree in communication and master's degree in educational leadership student affairs in 2008.

Genesee Swift Track Club

Track/Coaching Bio

Hello, my name is Billy Henderson “BJ”. I was a 200/400-meter runner in high school. I attended Flint Southwestern and Beecher High School from 2006-2010 where I was All State in both events. After High School I went on to run at Indiana Tech. I am here to encourage and help kids become the best they can be.